



# Can You Relate? Week 6

*Breaking Through "What Will They Think"*  
**Filled Sermon Notes**

Shame is a painful feeling of exposure.

Everyone has something about themselves that they will only expose if they feel safe enough to do so.

## **Romans 7:15-25 (NIV)**

*When we get real with one another, here's 4 things we just might discover...*

1. I'm not alone. What I've experienced is not unique to just me.
  2. I am heard. I am seen. I am known... by a real person.
  3. I am accepted and not condemned.
  4. I have a purpose.
- A rescued sinner is a person whose past pain becomes transformed into His glorious purpose.
  - Jesus loves you where you are but doesn't leave you there!

## **2 Corinthians 1:3-4 (NLT)**