

Next Steps Guide February 26, 2023 1 Corinthians 9

## "Corinthians" Week 8

• Trade a current		for a better future
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Guess what you have when you DON'T HAVE SELF-CONTROL?

### 1 Corinthians 9

18 What then is my reward? That in my preaching I may present the gospel free of charge, so as not to make full use of my right in the gospel. 19 For though I am free from all, I have made myself a servant to all, that I might win more of them. 20 To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though not being myself under the law) that I might win those under the law. 21 To those outside the law I became as one outside the law (not being outside the law of God but under the law of Christ) that I might win those outside the law. 22 To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. 23 I do it all for the sake of the gospel, that I may share with them in its blessings. 24 Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. 25 Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. 26 So I do not run aimlessly; I do not box as one beating the air. 27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

<ul> <li>HOW YOU RUN MATTERS! Today's</li> </ul>	should be
made with the	in mind.
<ul> <li>Ask yourself these questions:</li> </ul>	
What is a current	that you need to
take the reign on right now?	
What is a better future	that you need

What is \_\_\_\_\_ thing God revealed to you to do \_\_\_\_\_

## "Be Self-Controlled."



For more in-depth sermon notes, download our church app by scanning the QR code on the back of this guide.

## Go Deeper

1.In your groups this week, ask your members to read Chapter 9 of 1 Corinthians and apply the HEAR method contained in this quide. Discuss in your group any insights or takeaways members highlighted in this week's reading.

- 2.Below are next step questions from our Pastor for deeper conversations in your groups:
- Is there a current compulsion (something you are compelled or driven to do) in your life that you need to take more control of?
- Food, finances and how we treat others are just a few examples of areas we may need to exemplify more self-control in. If there is an area of struggle for you, think about what the future outcome could be if self-control was used more often. How is that better future outcome worth the work of practicing self control today?
- 3.As you close your time together pray for the Holy Spirit to bless your group with self-control this week in our actions, words and thoughts.



Grove Kids Ask your Preschool-Elementary Kids:

Today Pastor Bill talks about having self-control. I encourage your family to get some ice cream and after dinner sit down and talk about how to avoid self-sabotage. Ice cream is delicious but eating too much or too fast will make you have upset stomach or headache.

Here are some questions to talk through:

Have you ever won a race? What was that feeling like? Did you know that everyday you are running a race and the prize is eternal salvation with Jesus? That is why it is important to wake up everyday and make good choices. We have to use kind words, be honest, and focus on Jesus. That is just as important as eating right and exercise, our bodies need it. If we do those things we will win the best race ever!

Grove Youth Ask your Middle and High Schoolers:

Pastor Bill preached on self-control today. He said to "trade a current compulsion for a better future outcome".

With that in mind, what kind of person do you think God wants you to become? What decisions or sacrifices can you make to be that person today?

Parents, talk to your students about examples of this working out in your life. Share your successes and failures with your student so they can see how self-control has benefited your life as well.

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