

ICE BREAKER

Take sometime to get to know each other for the first time or the first time in a long time by having each member, "Describe your life in five words."

DISCUSSION QUESTIONS

- 1. As we begin to study Romans Chapter 8 for the next six weeks it might be good to spend a few minutes discovering information about the background of the Book of Romans. Have those that brought their Bibles share any insights that may be found in the beginning of the book, in the heading of the chapter or on the bottom of the page that can answer the "who, what, when and where" questions about the book of Romans.
- 2. READ (or have another group member read) Romans 8:1-4.
- 3. What is the "law" that Paul refers to in the first four verses of chapter 8?
- 4. What place should the law of Moses hold in our lives today? Does it have a place in your life? If it does, what kind of an impact does it have on you?
- 5. Have you ever experienced "church" where there was a heavier focus on rules than on the freedom in Christ?
- 6. What does it mean to "walk in the spirit" in verse 4 and how is that different from living by the law? Are there examples in your own life of the tension between being free from the law to walk in the spirit?
- 7. What are ways we can be intentional to "walk in the Spirit" this week?
- 8. As a group take time to share challenges and barriers to that could make it tough to live in the freedom Christ offers this week. Pray as a group for challenges to be met and barriers knocked down this week.