

Navigating the C's of the Parent-Child Relationship

Catering (birth-2 years)	basically you do everything for your child
Controlling (2-10)	you micromanage (in the best sense) your child's life and keep them safe
Coaching (10-15)	you let your child start making more decisions (not easy if you are a controller)
Consulting (15-young adulthood)	by this time, you allow your child to make most of their own choices, but are there for support and counsel
Caring (day-to-day parenting is over)	now you show care, encourage, mentor, and hopefully see the fruit of your effort.

**Crying
(0-17)**

**Testing boundaries
(2-25)**

**Making decisions apart from parents
(10+)**

**Realizing parents were right about a lot
(19+)**

**Confiding and seeking support
(22+)**

**Feeling like friends
(27+)**

**Caring, Catering, Controlling, Honoring
(45+)**