

The **H.E.A.R.** Method

Reading and applying God's Word to our lives.



H

HIGHLIGHT

Choose a passage of scripture. Read the verses in your bible. Highlight important words, phrases, and verses that stand out or resonate with you.



E

EXPLAIN

Reflect on what you've read and explain what the text means. Focus on the context of the scriptures. Why was this passage written? What is the author trying to say to the original audience?



A

APPLY

Consider how you can apply this passage of scripture to your own life. Is there a command to obey? Is there a sin to confess? Is there a promise you can claim? Write one way to apply this scripture to your life.



R

RESPOND

Respond to God about what you've read in the scriptures. In prayer, be specific about what He spoke to you. Ask Him to change your heart and help you to live according to His Word.