



# GroveGROUPS Sermon Guide

Can You Relate ~W2 “Breaking Through ‘I’m Fine’” ~ Bill Clark ~ 9/18/22

## OVERVIEW

“It’s fine, I’m fine, everything is fine, I’ve got this.” Ever feel that way or say those words? This week we’re going to break through the “I’m fine” barrier that keeps us from true authentic community with others. What if some of the best breakthrough moments in your life happen when someone sees that you are NOT fine and gets involved in your life? Are you willing to admit you’re not always fine? If we can do that, then not only are we able to begin taking steps to develop relationships with others but also steps toward deepening our relationship with Jesus.

## ICEBREAKER

What is something that is truly “fine” in your life right now? Take time to celebrate a win from the week with your group.

## DISCUSSION QUESTIONS

1. READ Exodus 18:1-27.
2. What are characteristics we learn about Jethro in the text above? (*Traits of Jethro: someone who is chasing after the things of God, someone who genuinely cares for others, someone who will not tell you what you WANT to hear, someone who will not accept your “I’m fine” when you’re not.*)
3. Do you ever find yourself answering “I’m fine” when you’re not? What are some reasons you’ve had for this kind of response?
4. Would you say you have a “Jethro” in your life? Who is it?
5. What are some characteristics we learn about Moses in the text above? (*Traits of Moses: someone who is chasing after the things of God, someone who genuinely cares for others, someone who will receive criticism from another, someone who will let others help.*)
6. Are there any characteristics or traits that Moses and Jethro have in common?
7. How do you handle criticism? What circumstances lead to being able to handle it well? What can we learn about the way Jethro speaks into Moses and the way Moses receives it?
8. If admitting that we’re not fine only reveals that we don’t have all the answers or have it all together all the time, why do you think it’s so hard for us to reveal those truths (that are true of every human) to others?
9. Consider sharing a part of you that’s “not fine” as a prayer request with your group today.

## SERMON QUOTE OF THE WEEK

“We are the family of God. Unified by the Holy Spirit. Needing each other, loving each other and showing the world that we are just a bunch of NOT fine people who are being MADE fine by God.”

## EXTRA CREDIT

### MONDAY/TUESDAY

READ Exodus 17:8-13.

What happened when Moses’ arms grew tired? Has anyone “lifted” you up this week? How can you repay the favor for someone else?

### WEDNESDAY/THURSDAY

READ Luke 5:18-20.

Think about the actual physical feat the four men faced to get their friend to Jesus. If Jesus is the ultimate solution to actually being “fine” what are you willing to do to help someone else get to Him?

### FRIDAY/SATURDAY

READ Ecclesiastes 4:7-12.

In what ways does the author describe two people as being better than one? Is there a friend in your life to thank God for today? If you don’t have that kind of friend yet in your life take time to ask God to lead you to that kind of relationship.

## NEXT STEPS

This week embrace this truth:

*I am not fine, and I don’t have to be all the time.*

It’s ok to not have all the answers, to not be strong all the time, to ask for help and to reach out to a friend when we need to. Do you have a struggle in your life that you’re pretending to be “fine” about? Identify a “Jethro” in your life and ask God for the courage this week to let that person into your struggle. If identifying a “Jethro” is difficult, text “Next Step” to (859) 356-3162 and let your staff know how they can pray for you today.