OVERVIEW

Where do your doubts lead you? This week our friend, Chad Caddell will challenge us to think about the possibility that those times in life when we have our biggest and deepest doubts could actually be times in our lives when God uses our circumstances to build a deeper faith in Him.

ICEBREAKER - Play a game of "Two truths and a lie" with your group. Use the questions below or come up with your own. Each group member answers the questions with two true answers and one that is untrue. All other participants have to try and guess what's real and what is not.

- What are three places you've been on vacation?
- What are three ingredients you like on your pizza?
- What are three animals you've petted?
- What are three jobs you've had?
- What are three gifts you've received for your birthday?

DISCUSSION QUESTIONS

- 1. As your group played the icebreaker game did you have a process or strategy to figure out what was truth and what was a lie? What clues or indicators did you look for to help you determine the truth?
- 2. In general, do you find yourself mostly doubting others or mostly believing others? Why?
- 3. Do you think it is wrong to have doubts about the Christian faith? Is it wrong to doubt God? Why or why not?
- 4. READ Psalm 77 1:15 (NLT). Describe the author's journey from "doubting that God is even there" to "faith that His ways are good" in your own words. What verse seems to be the turning point for the author?
- 5. Up until verse 11 in the text above, the author was in despair and feeling rejected by God. "But then" those two little words in verse 11 change everything for the author. Have you ever had a moment or circumstance in your life when you've felt rejected and hopeless "but then" you're reminded of how the Lord has worked for you in a past situation?
- 6. Do you allow doubt to dead end you? READ Psalm 77:11 again. Take time in your group to share what God has done in your life in the last week. As you head into a new day or week, take what He has done and remember that he can do it again this week too.

EXTRA CREDIT

MONDAY/TUESDAY

READ Psalm 77: 13-14

These verses talk about the great and mighty works of God. Take time today to write down as many "good things" in your life as you can. Big things, small things all things that you would consider good. Then take time to thank God for his great and mighty works in your life.

WEDNESDAY/THURSDAY-

READ Joshua 1:9

Fear, anxiety, doubt, discouragement. These are ways our enemy will try and defeat us today. What part of this verse gives you the most strength or comfort to battle the negative forces around you? Memorize this verse for the next time you're feeling discouraged and let HIM fight the battle with you.

FRIDAY/SATURDAY

READ Romans 8:31

"If God is for us, who can be against us?" It may seem like you're alone in the fight but remember this weekend that you don't have to be alone. He is FOR you.

NEXT STEPS

When was the last time you turned to God and expressed your honest doubts and heartfelt need for guidance? What's keeping you from taking that step right now? God is big enough to handle your doubts and your questions, give them to him today.