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GETTING RELATIONSHIPS RIGHT

NEXT STEPS GUIDE
MARCH 2, 2025

“Getting Relationships Right” // Week 4

- Sometimes, in the name of Christianity, we have gotten relationships wrong by tossing out _____.

Matthew 5:38-48 (ESV)

- It is such a loving thing to do when you do not _____, but you do hold firm healthy boundaries in your relationships.

Nehemiah 6:1-4 (ESV)

- It is a very loving thing to do to hold firm personal, healthy _____.

2 Timothy 3:1-5 (ESV)

- From your Heavenly Father:
I love you and want to protect you from harmful relationships. Please love me, yourself and the other person enough to say “no.”

Notes

“By Setting Healthy Boundaries”

For more in-depth sermon notes, download our church app by scanning the QR code on the back of this guide.

Go Deeper

1. READ Nehemiah 6: 1-4.
2. Nehemiah had been commissioned by God to rebuild the wall around Jerusalem. One attribute we see in Nehemiah in the above verses is the confidence he showed in taking a stance, setting a boundary. “I’m doing a good work and cannot come down.” What are some of the “good works” the Lord has commissioned you to do? Name or list areas of your life that you believe are a mission from God.
3. Of the areas listed or named above, are there any areas in which you have allowed lines to be blurred and have struggled to place healthy boundaries to protect those “good works?”
4. Think through your relationships, schedules, commitments and all the ways that you spend your time throughout each day or week. Is there a healthy boundary needed to protect your time, energy or peace?
5. Specifically speaking about relationships, do you think there is a healthy relational boundary that could improve a relationship in your life?
6. READ 2 Timothy 3: 1-5.
7. Pray this week for the Lord to reveal any situation or relationships where there are no healthy boundaries. Take time to pray for those relationships and ask God to help you create any necessary boundaries.